



# Merrymount Association Annual



## Turkey Trot

(2.5 mile Run or Walk)

Thursday, November 27, 2014

8:00 a.m.

Merrymount Beach start to finish

Quincy, MA

Rain or Shine

\$10 Entry Fee

*T-shirts to participants who pre-register by November 6<sup>th</sup>*

*Register today! – DEADLINE APPROACHING!*

*Prizes for winners, refreshments and water stops*

*Send entry form and a non-refundable check payable to Karen Walsh, 68 Narragansett Road, Quincy, MA 02169 on or before November 6<sup>th</sup>.*

*Number pick-up and race day registration begins at 7:00 a.m.*

*Please bring a can or box of food on Race Day*

*to be donated to the Germantown Neighborhood Center*

*Registration form available on-line:*

[www.merrymountquincy.com](http://www.merrymountquincy.com)



Name: \_\_\_\_\_ Shirt Size: Adult S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

Child S \_\_\_ M \_\_\_ L

Division: Adult: Male \_\_\_ Female \_\_\_ Child: Male \_\_\_ Female \_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against The Merrymount Association Annual Turkey Trot and sponsors, coordinating groups and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Participant (required) \_\_\_\_\_

Parent or guardian must sign if under 18 years of age

Date \_\_\_\_\_

