

On Your Mark. Get Set. Gobble.



Merrymount Association Annual



Turkey Trot

(2.5 mile Run or Walk)
Thursday, November 28, 2013

8:00 a.m.

Merrymount Beach start to finish

Quincy, MA

Rain or Shine

\$10 Entry Fee

T-shirts to participants who pre-register by November 5th

Register today! – DEADLINE APPROACHING!

Prizes for winners, refreshments and water stops

Send entry form and a non-refundable check payable to Karen Walsh, on or before November 5th to 68 Narragansett Road, Quincy, MA 02169.

Number pick-up and race day registration begins at 7:00 a.m.

*Please bring a can or box of food on Race Day to be donated to the Germantown Neighborhood Center
Race proceeds donated to the American Cancer Society*

& The Merrymount Association.

Registration form available on-line:

www.merrymountquincy.com



Name: _____ Shirt Size: Adult S ___ M ___ L ___ XL ___

Child S ___ M ___ L ___

Division: Adult: Male ___ Female ___ Child: Male ___ Female ___

Address: _____ City: _____ State: ___ Zip: _____

E-mail Address: _____

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against The Merrymount Association Annual Turkey Trot and sponsors, coordinating groups and any individuals associated with this event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Participant (required) _____

Parent or guardian must sign if under 18 years of age

Date _____

